

# CHRISTINA PETERS, BSC. O.T. CWCE

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## EDUCATION

- Bachelor of Science, Occupational Therapy, **University of British Columbia**, 1993

## PROFESSIONAL DEVELOPMENT/TRAINING

- Pacific Pain Forum: Integrating Pain Care, Vancouver, 2024
- North American Brain Injury Society Conference, 2024
- Pacific Pain Forum: Translating Pain Knowledge to Practice, Vancouver, 2023
- “Pressure Injury Prevention Throughout the Client’s Day”, Motion Rehabilitation Expo, 2022
- Mastery Series: Cognitive FCE, Matheson and Associates, Surrey, BC 2022
- “What’s new in Pressure Injury and Management”, Motion Rehabilitation Expo, 2021
- Montreal Cognitive Assessment Certification, 2021
- Worksafe BC Concussions Best Practices Webinar, 2021
- Bridge Disability Expo, Vancouver, BC, 2021
- Cognitive rehabilitation: Focus on function following concussion & mental health illness, Kelowna, BC, 2020
- Motion Rehab Expo, Active Mobility, Kelowna, BC, 2019
- Mastery Series: Advanced FCE Course, Matheson & Associates, Surrey, BC, 2019
- Pain: Towards a New Paradigm, Kelowna, BC, 2018
- WorkSafe BC Health Care Providers Conference, Vancouver, BC, 2017
- Comprehensive Automotive Mobility Solutions, Kelowna, BC, 2016
- Mastery Series: Cognitive FCE, Matheson & Associates, Surrey, BC, 2016
- Mastery Series: Advanced Ergonomics, Matheson & Associates, New Hampshire, 2016
- Pushor Mitchell Okanagan Symposium on Brain Injury, Kelowna, BC, 2016
- WorkSafe BC Health Care Providers Conference, Vancouver, BC, 2016
- Mastery Series: Advanced FCE, Matheson & Associates, Las Vegas, 2011
- Matheson Functional Capacity Evaluation Certification Course, Las Vegas, 2011
- Assessing & Implementing Home Modifications for the Injured Worker, WorkSafe BC, Vancouver, BC, 2011
- Life Care Planning Course, Matheson & Associates, Vancouver, BC, 2006
- Health Care Providers Conference, WorkSafe BC, Vancouver, BC, 2006
- WorkSafe BC Providers Conference, Vancouver, BC, 2000
- Matheson Certified Ergonomic Evaluation Program, San Francisco, 2000
- Hanoun Functional Capacity Evaluation, Toronto, ON, 1999
- EPIC Lift Training, Toronto, ON, 1999
- BC Brain Injury Conference, Vancouver, BC, 1995

## RELEVANT WORK EXPERIENCE

### **Re:Function Health Group, Inc.: 2020**

- Specialized assessments including: Functional Capacity Evaluations, Cognitive Functional Assessments, Cost of Future Care Analysis, Medical legal report critique, Home Safety Assessments, Power Mobility Assessments, Hospital Discharge Assessment, Home and/or Vehicle Modification Assessments, and Personal Care Assessment.
- Experienced using standardized, evidenced based functional testing equipment
- Design and implement community-based rehabilitation programs for clients with brain injuries, orthopaedic injuries and psychosocial illnesses

- Case management for individuals with orthopaedic and acquired brain injuries, depression and stress disorders including return to work planning
- Ergonomic Analysis / Job Site Assessments in industries and office work settings
- Physical assessment, justification, recommendation, and training of power and manual wheelchair and adaptive equipment prescription
- Home Safety Assessments with recommendation, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Provide educational assistant training in safe body mechanics & the use of adaptive equipment

#### **Spectrum Rehabilitation Services: 2005 to 2020**

- Accepted as an Expert Witness in Occupational Therapy for Functional Capacity Evaluations in the Supreme Court of British Columbia 2011
- Functional Capacity Evaluations, Cognitive Functional Assessments, HEO and Commercial Driving Screening/Testing, Pre/post-Employment Screening, Cost of Future Care Analysis, Home Safety Assessments, Power Mobility Assessments, Hospital Discharge Assessment, Home and/or Vehicle Modification Assessments, and Personal Care Assessment.
- Cost of Future Care Assessments, Preparation of Medical/Legal reports including report critiques.
- Ergonomic Analysis / Job Site Assessments in industries and office work settings
- Completed assessment to assist with return to work including: Physical/Cognitive Job Demands Analysis, Job Site Visits, Functional Assessment or Screening, Ergonomic Assessment, and Job Task Analysis
- Home Assessments for ADL needs, job coaching, perceptual and cognitive assessments for the elderly
- Case management for individuals with orthopaedic and acquired brain injuries, depression and stress disorders including return to work planning
- Consulting Therapist for Veterans Affairs Canada
- Provide education to clients, employers and caregivers on back care, alternative work methods, injury prevention, recovery process from soft tissue related injuries, back care, relaxation and stress management
- Design and implement community-based rehabilitation programs for clients with brain injuries, orthopaedic injuries and psychosocial illnesses
- Case management for individuals with orthopaedic and acquired brain injuries, depression and stress disorders including return to work planning

#### **Lifemark Health Kelowna: 1999 to 2003**

- Functional Capacity Evaluation
- Coordination and facilitation of Graduated Return to Work Programs
- Ergonomic Analysis, Job Site Assessments in industries and office work settings
- Marketing proactive health programs to industrial employers  
Provide education to clientele, employers and caregivers on ergonomics, safe lifting techniques, injury prevention, etc.

**Interior Health Authority: 1998 to 2005**

- Functional assessment of self-care skills
- Functional cognitive and perceptual testing
- Development and implementation of inpatient rehabilitation programs
- Liaison with multi-disciplinary team members for timely discharge planning
- Equipment prescription including power mobility, ramps, manual wheelchairs and self-care equipment
- Home Assessments

**Lions Gate Hospital, North Vancouver, BC: 1994 to 1998**

- Coordination and teaching of Fibromyalgia Self-Management Program
- Ergonomic analysis of work areas for employees with musculoskeletal injuries in preparation for WCB's implementation of M.S.I. prevention programs in all health care facilities
- In-service education to staff members and education to patient groups on stress management, energy conservation, work simplification, and communication
- Functional evaluation, implementing and upgrading treatment programs, providing adaptive equipment/aids and discharge planning
- Facilitation of group therapy sessions in acute psychiatry
- Supervision of acute psychiatric patients during community outings
- Liaison with community multi-disciplinary team members to coordinate timely discharges

**Burnaby General Hospital, Burnaby, BC: 1993 to 1994**

- Inpatient rehabilitation unit, providing daily therapy, assessment, treatment and discharge planning