

POLLY NOEL TAN, O.T. (MOT)

EDUCATION

- Master of Occupational Therapy, **University of British Columbia**, 2019
- Bachelor of Science, **University of British Columbia**, 2004

PROFESSIONAL DEVELOPMENT/TRAINING

- PHC Clinical In-Service Training: Aphasia Communication Tools, Vancouver, BC, 2020
- PHC Clinical In-Service Training: Vista Collar Management, St. Paul's Hospital, 2020
- Fall Prevention Online Training, Faculty of Medicine, University of Ottawa, 2020
- Violence Prevention Training, St. Paul's Hospital, 2020
- Clinical & Systems Transformation (CST), St. Paul's Hospital, 2019
- UBC Master of Occupational Therapy Capstone Conference Research Project: Examining the Experiences of People who use Wheeled Mobility Devices in the Community, 2019
- Primary Access Regional Information System (PARIS), Vancouver Coastal Health, 2018
- Consent to Health Care, Learning Hub, Vancouver, BC, 2019
- Naloxone Training, Vancouver Coastal Health Overdose Outreach, Vancouver, BC, 2017
- Wheelchair Skills Boot Camp, G.F. Strong, B. Mortenson, Vancouver, BC, 2018
- Motivational Interviewing Course, University of British Columbia, Vancouver, BC, 2014
- Standard First Aid and CPR/AED Level C, St. John's Ambulance, 2017

RELEVANT WORK EXPERIENCE

Re:Function Health Group Inc: 2020

Occupational Therapist

- Community Rehabilitation

Providence Health Acute Care, Vancouver, BC: 2019 to present

Occupational Therapist

- Psychosocial Rehabilitation based assessments and treatment plans
- Activities of Daily Living (ADL) assessments and intervention plans
- Amputation management and prosthetics education
- Orthopedic education and rehabilitative interventions
- Elder Care assessments and interventions
- Cognitive screening and assessments
- Pressure wound interventions and management
- Edema management
- Power and manual wheelchair assessments and prescription
- Hospital Discharge Planning

- Home equipment prescriptions and Home Support Service assessments and recommendations

Acquired Brain Injury Outpatient Rehabilitation, GF Strong, Vancouver BC: Fieldwork, 2019

- Assessments and interventions addressing inattention, executive functioning, hemiplegia, and visual changes.

Community Pediatric Clinic, Children of the Blessing Trust, Lilongwe, Malawi: Fieldwork, 2019

- Functional assessments and interventions in school-based settings for children with cerebral palsy and other developmental disabilities.

Community Mental Health, Vancouver Community & Mental Health Services: Fieldwork, 2019

- Life skills training for clients with anxiety, depression, schizophrenia, borderline personality disorder, to maximize functional independence at home and in community.

Community Pediatrics, Down Syndrome Resource Foundation, Burnaby, BC: Fieldwork, 2019

- School and home-based lesson plans for children with Down Syndrome and Autism Spectrum Disorder to engage with daily activities.

High Intensity Neuro Rehabilitation, Victoria General Hospital, Victoria, BC: Fieldwork, 2019

- Neuro/ stroke assessments and interventions to maximize daily function to support hospital discharge.

Recreation Program Director, False Creek Residences for Independent Living Society, Vancouver, BC, 2016 to 2017

- Development and planning of health and leisure programs for adults living with disabilities.

DEMONSTRATED COMPETENCIES

Acute Care:

- Proficient in administering informal and standardized ADL assessments, and developing interventions specific to client's goals and needs.
- Experienced in transfer assessments and wheelchair prescriptions, and collaborating with physiotherapists to optimize safe and effective mobility while in acute care.
- Able to identify functional needs for temporary task modifications or permanent accommodations for Reactivation Programs
- Able to identify appropriate mental health assessments and interventions
- Able to coordinate and plan client transitions into Independent Living, Assisted Living, and Long-Term Care Facilities directly from hospital.
- Able to provide physical assessment, justification, recommendation, and training of power and manual wheelchair and adaptive equipment prescription
- Able to effectively liaise with community teams and families to provide recommendations, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home