

CHANTELLE FORTIN, MOT

EDUCATION & ASSOCIATIONS

- Bachelor of Arts, University of the Fraser Valley, 2007
- Master of Occupational Therapy, University of British Columbia, 2013
- College of Health and Care Professionals of British Columbia

PROFESSIONAL DEVELOPMENT/TRAINING

- Prolonged Exposure Therapy for Post Traumatic Stress Disorder: 2023
- Acceptance and commitment therapy: Practical applications in occupational therapy practice: 2022
- Integrative Psychotherapy: How Leveraging New Research on Lifestyle Modification and Therapeutic Approaches Can Support Mental Health and Cognitive Rehabilitation: 2020
- Building the Brain: A Neurobiological Approach to Assessment and Intervention: 2019
- Progressive Goal Attainment Program (PGAP), 2018
- Fundamentals of Anxiety Interventions: Exposure Therapy and relaxation skills training, 2017
- WorkSafeBC Health Care Professionals Conference 2017
- Pain Care Yoga (Pain BC), 2017
- Motivational Interviewing: Level 2, 2017
- Matheson Functional Capacity Evaluation Certification Course 2016
- Ergonomics for Occupational Therapists: Conducting Upper Limb Musculoskeletal Disorder Interventions in the Workplace, 2016
- Matheson Functional Capacity Evaluation Course, 2016
- Motivational Interviewing: Level 1 Workshop for Health Professionals, 2016
- Occupation & Trauma: Expanding Occupational Therapy Practice, 2016
- Occupational Therapy Best Practice: Chronic Pain Management, 2015
- The Nuts and Bolts of Sustainable Return to Work Programs: The Whole Deal, 2014
- Wheelchair Seating and Positioning in the Community: Practical Applications, 2012

RELEVANT WORK EXPERIENCE

Re:Function Health Group: 2018 to present

- WorkSafe BC Return to Work Support Services
- Functional Capacity Evaluations
- Community Occupational Therapy services

Back in Motion Rehab.: 2014 to 2018

- WorkSafe BC Return to Work Support Services
- WorkSafe BC Occupational Rehabilitation 2
- Work BC Functional Capacity Evaluation
- Third Party Insurer Functional Capacity Evaluation
- Job Demands Analysis
- Work Site Ergonomics

Royal Inland Hospital: 2013 to 2014

- Manual Wheelchair Assessment and Prescription
- Discharge Assessments and Equipment Recommendations
- Transfer Assessments
- Cognitive Assessments and Recommendations

DEMONSTRATED COMPETENCIES**Functional Evaluation:**

- Experienced using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation work circuits to incorporate in functional testing
- Able to interpret functional test measures and forecast return to work capacity
- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning

Return-To-Work Planning and Implementation:

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to perform ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans
- WorkSafe BC Return to Work Support Services Contractor
- WorkSafe BC Occupational Rehabilitation 2 Contractor
- WorkSafe BC Occupational Therapy Services: assessment and treatment for physical and mental health injuries.

Community Occupational Therapy Service:

- Able to identify and assess occupational barriers
- Able to discuss rehabilitation principles and work collaboratively on treatment plans
- Able to complete home safety assessments and coordinate equipment with vendors
- Able to communicate verbally and through written reports
- Able to develop activation plans and strategies for physical and mental health