

KATHERINE TOUSIGNANT, O.T. (C)

EDUCATION

- MSc Occupational Therapy, **McGill University**, Montreal, QC, 2012
Supervisor: Dr. Philippe Archambault
Masters Thesis Project: *Difficulties in maintaining ADL carry-over from therapy sessions to inpatient stroke unit: Solutions for interdisciplinary team success*
- BSc Adapted Physical Education, **University of Alberta**, Edmonton, AB, 2008
Graduate with distinction
- Diploma in Kinesiology, **Red Deer College**, Red Deer, AB, 2006
Concentration in Adapted Studies, Dean's List

PROFESSIONAL DEVELOPMENT/TRAINING

- WSBC Professional Development Conference, Vancouver, BC, 2024/25/26
- Complete Concussion for Practicing Occupational Therapists, Webinar Series, 2024
- Matheson Cognitive Rehabilitation Certification for Practicing Clinicians, Las Vegas, NV, 2020
- Motion Rehab Expo, Victoria, BC, 2019
- Permobil Education Seminar, Victoria, BC, 2019
- Sunrise Medical Cyber Series for Seating, Online, 2018
- MPS Scar Therapy Course, Toronto, ON, 2015
- Brain Gym Course, Montreal, QC, 2015
- Canadian Association of Occupational Therapy National Conference, Quebec City, QC, 2012
- 6th Annual Canadian Conference on Dementia, Montreal, QC, 2011
- Alzheimer's Society Montreal Workshop, 2011
- The Steadward Center: Wheel Challenge and Skills, Edmonton, AB, 2008
- Mediven (compression wear) Fitter Course, Edmonton, AB, 2007

RELEVANT WORK EXPERIENCE

Re: Function Health Group, Inc.: 2018 to present

Registered Occupational Therapist

Return to Work Support Services Practice Lead

- Work Site/ home office Ergonomics
- WorkSafeBC Return to Work Support Services
- WorkSafeBC Community Practice
- Job Demands Analysis
- Return to work Case Management

Posturepro Clinic, Montreal, Quebec: 2015 to 2017

Research Associate

- Educational/ Research Coordinator

Centre de Medecine Integree, Montreal Quebec: 2012 to 2014

Kinesiologist

- Work hardening program
- Vocational Rehabilitation program
- Functional Assessments

Medichair, Yukon, Alpine Health: 2007 to 2009

Orthopaedic Appliance Technical Representative

- Wheelchair maintenance/ fitting/ education
- Aids to daily living (ADL)/ adaptive equipment education/ recommendations
- Fitness equipment/ ADL provider
- Community resource recommendation

DEMONSTRATED COMPETENCIES

Case Management, Return-To-Work Planning/ Support, Implementation:

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to perform ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans
- WorkSafeBC Return to Work Support Services Contractor

Community Rehabilitation:

- Able to perform in home and in community assessments with clients to assist in enlightenment of needs for support, adaptations, and enablement in occupations for individuals
- Able to coordinate and effectively communicate with allied healthcare professionals for robust multidisciplinary care
- Able to recommend and coordinate equipment and home modifications for clients
- Able to effectively write reports outlining specifics of assessment findings, client centered goal setting, recommendations for equipment and home modifications
- Able to support client through the process of reaching recovery goals
- WSBC Community Occupational Therapist Contractor