JENNY-MARIE TVEDEN, OT, REG. OT (BC)

EDUCATION

- Master of Occupational Therapy, University of Sydney, 2021
- Bachelor of Fine Arts, Emily Carr University, 2013

PROFESSIONAL DEVELOPMENT/TRAINING

- Progressive Goal Attainment Program (PGAP), Certified Provider
- Cognitive Capacity Evaluation: The Unique Contribution of Occupational Therapy for Return to Work (CAOT)
- Cognitive Rehabilitation After Acquired Brain Injury: From Evidence to Practice (CAOT)
- Community-Based, Task-Specific Exposure Therapy for Trauma and Mental Illness (CAOT)
- Understanding Pain: Pain Education for Clients (CAOT)
- PTSD and Occupational Therapy (CAOT)
- Pain Foundations (Pain BC)

RELEVANT WORK EXPERIENCE

Sahara Rehab Consulting | Community Occupational Therapist | Aug 2023–Present

- Provide community-based assessment and rehabilitation for WorkSafeBC and ICBC clients following physical or psychological injury.
- Assess physical, cognitive, psychosocial and environmental barriers to daily activities, community participation and employment.
- Conduct home and workplace assessments, develop graduated return-to-work plans and recommend equipment and accommodations.
- Collaborate with employers, case managers and treatment teams and prepare assessment, progress and discharge reports.

Chilliwack General Hospital | Casual Occupational Therapist | Sep 2023–Present

- Assess functional mobility, cognition, self-care and equipment needs in acute care to support safe discharge.
- Trial assistive equipment, educate patients and families, and coordinate discharge needs with the interdisciplinary team.

Intuitive Rehab Services | Occupational Therapist | Dec 2022–Jul 2023

- Assessed function at home, in the community and at work following physical, cognitive and psychological injuries.
- Developed individualized rehabilitation and graduated return-to-work plans and prepared reports for third-party funders.

Intuitive Rehab Services | Occupational Therapy Assistant | Aug 2020–Dec 2022

- Delivered functional rehabilitation, community reintegration and work-hardening interventions under OT supervision.
- Documented client performance and communicated functional observations to supervising occupational therapists.

DEMONSTRATED COMPETENCIES

Functional Evaluation:

- Assess physical, cognitive and psychosocial function in relation to daily activities, community participation and work demands.
- Document functional findings and translate them into practical rehabilitation goals and recommendations.
- Assess performance in home and workplace settings to identify how task demands and the environment affect function.
- Prepare functional assessment and progress reports for WorkSafeBC and ICBC that explain the findings and their implications for daily activities and work.

Return-To-Work Planning and Implementation:

- Assess job demands and workplace barriers and recommend task modifications and accommodations.
- Develop and monitor graduated return-to-work plans and work-hardening interventions with employers, funders and treatment teams.
- Use job demands and observed functional abilities to set starting duties and grade work hours and task exposure.
- Recommend changes to duties, equipment or work setup and review accommodations as the worker progresses.
- Communicate return-to-work recommendations, progress and barriers to employers, case managers and treating providers.

Community Adult Rehabilitation:

- Assess home safety and recommend assistive equipment, environmental modifications and compensatory strategies.
- Plan and deliver rehabilitation addressing physical, cognitive and mental health barriers to daily activities.
- Assess self-care, household tasks and community mobility to identify where clients need support or adaptations.
- Trial assistive equipment and teach clients and families how to use it safely in daily routines.
- Coordinate discharge needs and community supports with patients, families and the interdisciplinary team.