

TIMOTHY JOHN ROBERT WINTER, BSc OT, CWCE/CFCE

EDUCATION

- Bachelor of Science, Occupational Therapy, **University of British Columbia**, 2002
- Bachelor of Science, Major Psychology, Minor Biology, **University of Victoria**, 1999
- University Transfer Program, **Capilano College**, 1996

PROFESSIONAL MEMBERSHIPS

- College of Health & Care Professional of British Columbia
- Canadian Association of Occupational Therapists

PROFESSIONAL DEVELOPMENT/TRAINING

- Montreal Cognitive Assessment (MoCA) Certification, 2025
- Mental Health, Functional Cognition and Return to Work: The Critical Role of Occupational Therapists in Facilitating Successful Outcomes, 2022
- Progressive Goal Attainment Program (PGAP), 2021
- In-House Training: Trauma Informed Practice for Private Practice, 2019
- WorkSafeBC 14th Annual Healthcare Professionals Conference, 2019
- Cognitive Rehabilitation for Practicing Clinicians; Matheson Mastery Series: Cognitive Rehabilitation, 2019
- Brain Injury Conference & Workshop, Survive-Strive-Thrive, 2018
- 13th Annual Healthcare Providers Conference WorkSafe BC, 2017
- Recertification: Certified Work Capacity Evaluator (CWCE 900727), Designation, 2016
- Enabling Occupation through Assessment & Treatment of Cognitive Impairment in Adults, 2015
- Occupational Therapy Best Practice: Chronic Pain Management, 2015
- Brain Injury Conference: The Future of Rehabilitation & Litigation, Trial Lawyers Association of BC, 2014
- Cognitive Functional Capacity Evaluation Course; Roy Matheson and Associates, 2013
- E.P.I.C. Lift Capacity Evaluation Certification Program, Certified Evaluator, 2013
- Persuasion and the Complex Case, Trial Lawyers Association of BC, 2012
- FCE Mastery Series: Advanced Functional Capacity Evaluation, Roy Matheson and Associates, 2012
- 8th Annual Healthcare Providers Conference, WorkSafe BC, 2012
- Understanding & Dealing with Behaviour Problems after Brain Injury, Brain Tree Training, 2012
- Wound Care via Pressure Mapping and Pressure Management Seminar, 2012
- The Essential Soft Tissue Injury Conference, Trial Lawyers Association of BC, 2012
- Automotive Mobility & Driving Seminar, 2012
- Assessment of Motor and Process Skills (AMPS), Rater No.: 016919, 2011
- Assessing and Implementing Home Modifications for the Injured Worker, 2011

- Roy Matheson Life Care Planning, 2009
- Forensic Rehabilitation; Matheson Group, 2008
- Roy Matheson Certified Work Capacity Evaluator Course, 2007

RELEVANT WORK EXPERIENCE

Re:Function Health Group, Inc.: 2006 to Present

Registered Occupational Therapist

Manager of FCE Services

- Work/Functional Capacity Evaluation
- Medical Legal Consultation
- Cost of Future Care Analysis
- Work Site Ergonomic and Risk Factor Analysis
- Work Site Job Demands Analysis
- Head Injury Assessment and Treatment Services for the WSBC
- Case Coordination and Return to Work Planning, Implementing and Monitoring

Winter Consulting Occupational Therapy Services: 2008

Principle

- Community Occupational Therapy Services

Back in Motion Rehabilitation, Inc.: 2005 to 2006

Occupational Therapist

- Occupational Rehabilitation 2 Program
- Return to Work Support Services
- Custom Rehabilitation Program
- Work Simulation Assessment – Triumph Vocational Services

Colchester General Hospital: 2004 to 2005

Senior II Occupational Therapist

- Acute Orthopaedic Trauma Ward
- Admission Avoidance, Accident and Emergency Department
- Assessment Unit, Weekend Coverage
- Outpatient Neurological Rehabilitation Team
- Inpatient Stroke Rehabilitation Casual Coverage
- Palliative Care Oncology
- Acute Medical and Cardiac Units

Holy Family Hospital: 2002 to 2004

Occupational Therapist

- Lower Extremity Amputation Team
- Fast Track Orthopaedics Team

DEMONSTRATED COMPETENCIES

Testimony

- I have been qualified as an expert witness in the Supreme Court of British Columbia for the purposes of work/functional capacity evaluation, cost of future care analysis and occupational therapy

Functional Capacity Evaluations:

- Experienced using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation work circuits to incorporate in functional testing
- Able to interpret functional test measures and forecast return to work capacity
- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning
- WorkSafeBC Functional Capacity Evaluation Contractor

Cost of Future Care / Life Care Planning Evaluation:

- Able to use task analysis to evaluate an individual's capacity for performing a variety of homemaking activities, including house cleaning and yard work
- Able to interpret functional test measures and determine capacity for homemaking
- Able to identify need for temporary or permanent accommodations within the home with an aim of restoring independent function, whenever possible, or alternatively providing recommendations, including services, supplies and equipment, to restore the level of independent function that was present prior to the onset of impairment/disability
- Experienced using standardized, evidenced based functional testing equipment within the home environment

Return-To-Work Planning and Implementation:

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs

- Able to perform ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans
- WorkSafeBC Return to Work Support Services Contractor

Community Adult Rehabilitation:

- Physical assessment, justification, recommendation, and training of power and manual wheelchair and adaptive equipment prescription
- Home Safety Assessments with recommendation, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Provide educational assistant training in safe body mechanics & the use of adaptive equipment